

Daniella Vaclavik, LMT
Miami Beach, FL
daniellavaclavik@mac.com
www.naturalholisticliving.com

Looking for a massage therapist position in a healing environment which embraces a holistic approach. A place that will allow me to grow both as a therapist and an individual. I am confident I have the training and ability to be a valuable addition to your company.

EXPERIENCE

MASSAGE THERAPIST 07/07-present Uhma Spa
The first 'green' and organic spa in South Beach. Performing holistic treatments that include my signature style, deep tissue, hot stones as well as wet treatments such as polishes, wraps and body masques.

MASSAGE THERAPIST 07/07-present Massage by Design
Performing holistic full body and localized treatments in my own signature style that combines elements of several modalities such as swedish, craniosacral, deep tissue and thai massage. I only use organic oils and essential oils.

MASSAGE THERAPIST 02/07-present Private Practice
Building clientele in my private practice.

YOGA TEACHER 05/05-present Miami Yogashala
Teaching guided Ashtanga Yoga.
Certified Yoga Teacher by the Yoga Alliance.

YOGA TEACHER 05/05-09/05 YoBe
Taught vinyasa yoga.

EDUCATION

THERAPEUTIC MASSAGE AND HYDROTHERAPY(624Hrs)

01/06-12/06 Educating Hands School of Massage

Educating Hands' holistic approach addresses more than just the physical body, focusing on an integration of mind, body and spirit. Courses include massage, Kinesiology & Palpation, Anatomy & Physiology, Hydrotherapy and Business.

YOGA TEACHER TRAINING

03/05-06/05 Miami Yogashala

Completed the 200RYT certification fulfilling all requirements set forth by the Yoga Alliance. Courses included yoga anatomy and philosophy, teaching methodology, asana assisting and sanskrit.

BACHELOR OF FINE ARTS IN DANCE

1999-2003 New World School of the Arts

Advanced training and performing in ballet and modern dance. Related courses included flamenco, dance composition, dance production, dance criticism, dance history, repertory, pilates and music. As well as extensively studying the body in classes like anatomy, kinesiology/injury prevention and Laban Movement Analysis.

*Awarded a full merit scholarship

RELATED COURSES

THAI-YOGA BODYWORK

04/05 Miami Yogashala

Completed a Thai-Yoga Bodywork course with Michael Buck from the Vedic Conservatory.

CPR CERTIFICATION COURSE

12/06

Certified in first aid and CPR.

LANGUAGES

Fluent in english and spanish.